



2020 Smithers & Area SOCIAL SERVICES NAVIGATOR

For community resources across northwest BC visit: pacificnorthwest.fetchbc.ca

SMITHERS EMERGENCY NUMBERS

Ambulance/Police/Fire..... 9-1-1

Poison Control.....1-800-567-8911

Northern BC Crisis
Line.....1-888-562-1214

Teen Crisis Line.....1-888-564-8336

Suicide Crisis Line.....1-800-784-2433

HOTLINES

HealthLink BC (healthlinkbc.ca)..... 8-1-1

Options for Sexual
Health.....1-800-739-7367

Palliative Care Hotline.....250-565-2000
▪ *Ask for palliative physician on call*

Pregnancy Options BC...1-888-875-3163

PUBLIC HEALTH

Smithers.....250-847-6400

Houston.....250-845-2294

- *BC Early Hearing Program*
- *Flu shots & Immunizations*
- *Speech & Language*
- *Tobacco Reduction*
- *Sexual Health Clinic.....250-847-6400*

HOME & COMMUNITY CARE

Smithers.....250-847-6234

Houston.....250-845-5956

- *Adult Day Programs*
- *Assisted Living*
- *Supports for Independent Living*
- *Geriatric Psychiatry Outreach*
- *Home Care Nursing*
- *Hospice Palliative Care*

SENIOR SERVICES

Old Age Security & Guaranteed Income
Supplement.....1-800-277-9914

Public Guardian &
Trustee of BC.....250-712-7576

Smithers Senior Citizens'
Association.....250-847-2724

Telkwa Seniors' Centre....250-846-9570

FIRST NATIONS SUPPORTS

Dze L'Kant Friendship
Centre.....250-847-5211

- *Aboriginal Patient Liaison*

Witset Band Office.....250-847-2133

Office of the
Wet'suwet'en.....250-847-3630

CHILDREN YOUTH & FAMILIES

Bulkley Valley Child Development
Centre.....250-847-4122

- *Infant development*
- *Child care resource and referral program*
- *Early intervention program*

Office of the
Wet'suwet'en.....250-847-3630

- *Distinctly Wet'suwet'en culture camps*
- *Reconnections Program*
- *Family support (ANABIP program)*
- *Early Childhood Education
Program.....250-847-1834*

Smithers Community Services
Association.....250-847-9515

- *Family Literacy Services*
- *Family Support*
- *Supplementary Services*
- *FASD support*

Ministry of Children &
Families.....250-847-7727

MOST for Children.....250-877-7779

- *Early Childhood Development Committee*
- *Family support program*

Northern Society for
Domestic Peace.....250-847-9000

- *Children Who Witness Abuse Program*
- *Sexual Abuse Intervention Program*
- *Specialized Victim Assistance*

Pregnancy Outreach Program...250-847-9477

Smithers & Area Child Care Resource
and Referral Program.....250-847-8824

- *Child care subsidy report*
- *Resource lending library*
- *Child care referrals*

Supported Child & Youth Development
Program.....250-847-1785

- *Child, youth and autism services*

Health Information Hub....250-877-4424

EDUCATION & EMPLOYMENT

Coast Mountain College....250-847-4461

Work BC.....250-847-0182

MENTAL HEALTH & SUBSTANCE USE

Mental Health
& Addictions.....250-847-6405

Houston.....250-845-5964

- *Assessment and treatment*
- *MH Beds at Bulkley Lodge*
- *MH Outreach*
- *Psychosocial Rehabilitation*
- *Psychiatric Referral*

Child & Youth
Mental Health.....250-847-7727

BC Schizophrenia
Society.....250-847-9779

- *Mental Health Family Resource Centre*

Bulkley Valley Brain Injury
Association.....250-877-7723

TRANSPORTATION

Northern Health
Connections.....1-888-647-4997

- *Affordable Medical Transportation*
- *Low-Cost Accommodation*

SPARC Handicapped Parking Permit
Program.....1-604-718-7744

BC Transit250-847-4993

LEGAL SERVICES

Wet'suwet'en Unlocking Aboriginal
Justice.....250-847-3630

Upper Skeena Counselling & Legal Aid
Society.....250-842-5218

Northern Society for Domestic
Peace.....250-847-9000

- *Counselling for youth involved with
criminal justice system*
- *Victim Services.....250-847-9374*

HOUSING & FOOD SECURITY

BC Housing.....1-800-257-7756

Housing Outreach
Worker.....250-847-9515

Homelessness Prevention
Program.....250-847-4660

Meals on Wheels.....250-847-2528

Telkwa Seniors'
Housing Society.....250-846-9093

Salvation Army Food Bank
Smithers.....250-847-1501

Houston.....250-845-3494

St James Soup Kitchen.....250-847-9881

Passage Transition House 24-Hour
Shelter.....250-847-2595

- *For women and children*

Second Stage Housing.....250-847-9000

FINANCES & GOVERNMENT PROGRAMS

Ministry of Social Development & Social
Innovation.....1-866-866-0800

- *Income Assistance*
- *Disability*
- *Supplemental benefits for patients
receiving income assistance (orthotics,
dentures, medical equipment)*

Employment Insurance
and Sickness Benefits....1-800-206-7218

Medical Services Plan....1-800-663-7100

Service BC Office.....250-847-7207